



49. LAKE CONSTANCE  
CHAMPIONSHIPS

**JUDO**  
**BREGENZ**

7th November 2026



**NEW: Stream current competition lists & final plays via QR code!**  
-> <https://www.judobregenz.at/bodensee-meisterschaft>

## Lake Constance Judo Championships 2026

**€ 1,000.- prize money** for the club with the longest journey and the most participants

**Saturday 7<sup>th</sup> Nov**      **All age groups born in 2019 and earlier – pre-minors, pre-cadets, cadets, adults**

Venue	Sports hall Sportmittelschule Schendingen, Wuhrwaldstrasse 26, A-6900 Bregenz
Organizer	Judo Bregenz <a href="https://www.judobregenz.at/bodensee-meisterschaft">https://www.judobregenz.at/bodensee-meisterschaft</a>
Entries	via email at <a href="mailto:turnier@judobregenz.at">turnier@judobregenz.at</a> with <b>closing date: 31<sup>st</sup> October 2026!</b> <ul style="list-style-type: none"><li>✓ Safe your <b>early bird entry fee</b>: Register by Monday, 5<sup>th</sup> October 2026 and pay only € 25.- entry fee instead of € 30.- per competitor and category. More than one section (if eligible) is charged with € 10.-. <b>Payment on site in cash.</b></li><li>✓ all competitors must bring a valid judo licence/membership to registration and a minimum grade yellow belt. All international players must produce proof of membership to their federation, which must be a member of the EJU/IJF. The sports regulations of national judo federation Judo Austria ÖJV do apply, unless the tournament management has decided on different provisions. An additional competition license is not required.</li><li>✓ Licensed referees are provided from SUI, GER and AUT.</li><li>✓ <b>This event is limited to 350 players!</b></li></ul>
Competition format	2 competitors: «best of three» 3-5 competitors: jeder gegen jeden, bei Punktgleichstand zählt 1.Begegnung und 2.Gewicht 6 or more competitors: knockout system with two repechage rounds «golden score system» The organizer reserves the right to amalgamate adjacent weight categories depending on the number of entries in the respective weight categories.
Contest rules	The current IJF rules apply. For all categories up to and <b>including U16 armlocks and strangles are prohibited!</b> Armlocks and strangles are only allowed from the U19 group onwards.
Mats area	3 tatamis 7x7m with 3m safety distance.
Liability	Insurance is the responsibility of the judokas. The organizer declines all liability.
Award	<b>One trophy 🏆 and three medals 🏅</b> will be given in each weight group. The winners will officially receive the title <b>Lake Constance Judo Champion 2026</b> . The awards ceremony will take place as soon as each category has been completed.
Prize money	The club with the longest journey to this event will receive <b>€ 500.-</b> . The determining factor is the location of the club where the participating judoka is registered for the Lake Constance Championship. This will be verified using a valid judo pass. Another <b>€ 500.-</b> will be awarded to the club with the most participating competitors. Only clubs are eligible to win the prize money (no regional or national teams). After review by the tournament director and the chief referee, the prize money will be distributed to the club with the longest journey and the club with the most participants.
Responsible persons	Tournament Director <b>Franz Kofler</b> , 6.Dan, Sports Director & 2.Vice President Judo Bregenz Contest Director <b>Walter Marte</b> , 7.Dan, Vice President Judo Vorarlberg Chief Referee <b>Werner Schmidt</b> , State Referee/ 1.Vice President Judo Bregenz
Important Information	➡ Food and drink available in the canteen, large grandstand for spectators and visitors ➡ Emergency doctor is on-site ➡ Use the parking lots at Bregenz train station. Bus service to the sports hall every half hour. (see details on the last page)
Photography	Photographs may be taken for promotional purposes including publication on websites. By entering the event all participants and parents or guardians of participants are consenting to photography/filming which may be taken by Judo Bregenz at the event. You also accept that these photographs or video may be used in future publication. <b>Anyone who does not wish to be photographed or filmed is asked to inform the organizer on site.</b> Further information on data protection: <a href="https://www.judobregenz.at/j/privacy">https://www.judobregenz.at/j/privacy</a>



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## Program Lake Constance Championships 2026

Friday, 6<sup>th</sup> November from 6 pm

### Open mats for everyone the evening before

The open training session is limited to 80 participants and is free of charge. Training (randori, preparation for competition) takes place in the hall of the venue (sports hall Schendlingen, Wuhrwaldstrasse 26, in Bregenz):

Training time: 6:00 - 9:00 pm

Please **register** briefly by email to [turnier@judobregenz.at](mailto:turnier@judobregenz.at) stating the number of judoka participating. Names are not required.



Saturday, 7<sup>th</sup> November 2026

Hall opens at 8 am, competition starts at 9:30 am. Competitions start promptly after the weigh-in closes.

Categories	Year of birth	Contest duration	Weight classes	Weigh-in am
Pre-Minors Female/ Male D	2017-2019	2 min	-27, -30, -33, -36, -40, -45, +45 kg	8:15 - 9:15
Minors Female C	2014-2016	2 min	-29, -33, -36, -40, -44, -48, +48 kg	8:15 - 9:15
Minors Male C	2014-2016	2 min	-32, -36, -40, -45, -50, -55, +55 kg	8:15 - 9:15
Pre-cadets Female B	2011-2013	3 min	-36, -40, -44, -48, -52, -57, +57 kg	9:30 - 10:30
Pre-Cadets Male B	2011-2013	3 min	-46, -50, -55, -60, -66, -73, +73 kg	9:30 - 10:30
Cadets Female A	2008-2010	4 min	-44, -48, -52, -57, -63, -70, +70 kg	12:30 - 13:30
Cadets Male A	2008-2010	4 min	-55, -60, -66, -73, -81, -90, +90 kg	12:30 - 13:30
Seniors & veterans Female FE	2007 and older	4 min	-57, -63, -70, +70kg (4 weight classes only)	12:30 - 13:30
Seniors & veterans Male HE	2007 and older	4 min	-73, -81, -90, +90kg (4 weight classes only)	12:30 - 13:30

We wish you a pleasant journey and look forward to exciting encounters and your participation!



## Bus (city bus no. 103) from/to railroad station Bregenz

There are various parking options around the train station, which all are more or less within walking distance:

P2 Seestadtareal

P7 Parkplatz West (Festspiele)

P9 Parkplatz Ost (Festspiele)

P18 Bezirkshauptmannschaft

P20 Landespolizeidirektion

see city map : <https://webcity.bregenz.at/WebOffice/synserver?project=stadtplan&client=flex>

Bus fares apply in all urban areas of the capital Bregenz. This means that all public transport such as city buses, country buses and trains within the city area can be used with one and the same ticket.

StadtTickets (daily ticket fares):

children from 6 years old EUR 1.70

young people/students/adults/family EUR 3.30

### Timetable on Sa 7<sup>th</sup> November 2026

Bahnhof Bregenz → Wuhrwaldstrasse, regularly full hour .22 and .52 (from 7.22)

Wuhrwaldstrasse → Bahnhof Bregenz, regularly full hour .34 and .04 (until 20.04)

>> [official timetable no. 103](#)

